Weekly wellbeing tips, events and reflections from students and staff of Mansfield College
As we come to the last (official) week of the 2020-2021 academic year, I want to reflect on what strange and historic times we have been living through, and to thank you all for somehow keeping a community – many overlapping and interactive communities - alive through them, and even for developing them.

As is explained elsewhere in this issue, Mansfield became an Oxford College after a decision, in 1871, with the passing of the University Test Acts, that Oxford University should not just represent the established majority group (then members of the Church of England), but should provide a culture of welcome, inclusion and inquiry for a much wider group of people. That is part of our history, and it is part of our ethos: easily the most socially inclusive and diverse Oxford College, and, from this year, the first of two Oxford University Colleges of Sanctuary (with Somerville).

I’d particularly like to thank all sections of the College community, including the JCR and MCR for their great work in this, our first Refugee Week as a College of Sanctuary. Lots more about this and how you can get involved in this issue.
I wish you all a peaceful and productive summer. For those of you who are about to become Mansfield alumni – good luck with the next stage of your lives. Please keep in touch. Please please give us a long-term email address so we can get the College magazine to you and stay in touch with alumni events, career development opportunities etc.

For those of you who will be becoming back next year – we look forward to seeing you in what we hope will be much easier and more face to face times.

Helen
An Audience with Bishop Munib Younan & Bishop Tor B Jørgensen (online)

Wednesday 16 June 5.30pm

Bishop Munib Younan shares his own experience as a Palestinian refugee alongside his work as former president of the Lutheran World Federation and Bishop in Jordan and the Holy Land encouraging communities and leaders around the world to embrace those seeking sanctuary. He will also speak to the work he initiated with the UNCHR, the interfaith document “Welcoming the Stranger: Affirmations for Faith Leaders”.

Bishop Tor B Jørgensen is the Bishop of the Lutheran Church in Great Britain and the Chair of the Council of Lutheran Churches who have generously sponsored the Sanctuary Scholarship at Mansfield College. Based in Norway, he will share his experiences of standing in solidarity with those seeking sanctuary in what promises be a thought-provoking and inspiring conversation.

You can register for the talk here.
Mansfield Evening Chapel
TONIGHT at 8.15pm
Together on Zoom
ID: 824 5333 9851 / PW: chapel
(recordings will be available on the College YouTube Channel tomorrow)

Refugee Week
Preaching: Bishop Dr Munib Younan

With the Mansfield College Choir

This term we are holding services on Zoom so that we can come together to worship - if not in person, at least in spirit. We are looking for volunteers to lead prayers, take readings or contribute music to the services. If you are interested, please contact the chaplain.
Virtual Quad: Refugee Week!

Oxford’s Colleges of Sanctuary Annual Event 2021: Voices for Sanctuary: We Cannot Walk Alone

A discussion featuring
Reverend Inderjit Bhogal
Founder of Cities of Sanctuary UK

Afraa Hashem
Action for Sama

Thursday 17 June, 5.30pm

Register at: www.mansfield.ox.ac.uk

You can find more details and sign up here.
The University’s Race Equality Task Force has held a series of conversations about what University can learn from others – including last week, our Principal Helen Mountfield in conversation with Harry Matovu QC and Mansfield alum Kathleen Russ on anti-racism and promoting equality in the law. This week's conversation is between Professor Patricia Daley, a geography fellow at Jesus College and Professor Khalwant Bhopal from Birmingham University. Sign up for this (and to watch recordings of earlier talks) here
The library has put together a book display of refugee books in support of Refugee Week.

Go and check it out!
**Calling all Leavers!**

Leavers Farewell Celebration

Wednesday 23 June

4.30pm

on the Quad!

This is a special event to celebrate YOU! We're inviting Leavers to contribute through giving a reading – whether that’s a poem or a short passage or maybe you'd like to say a tribute to the College or to one another! This is a special event and is made even more special with your voices! Please contact Sarah Farrow (sarah.farrow@mansfield.ox.ac.uk) if you'd like to take part and/or attend. There will be a reception with tea and coffee following the Leavers' service.
Today (16 June 2021) is the 150th anniversary of our first Mansfield celebrity dinner guest. In 1871, the University Tests Act was passed, which broadened out membership of Oxford University to people beyond the Church of England. Without it, there would have been no place for non-conformists, or atheists, or Catholics, or any from the broader, wider world of faiths – Muslims, Jews, Hindus and others and there would have been no Mansfield College Oxford! It was the great High Church Anglican, William Gladstone, who encouraged the opening of a non-conformist College in Oxford, and on 16 June 1871 – when he was Prime Minister - he came to us for dinner. So happy anniversary to us.
Virtual Quad:
Multi-faith Chapel - Religious and other Festivals this Week

We welcome contributions from students and staff about how you have observed or celebrated different festivals - please send them in!

16 June (Wednesday)
MARTYRDOM OF GURU ARJAN DEV-1606 (Sikh)

20 June (Sunday)
PENTECOST (Christian - Orthodox Churches)

21 June (Monday)
MIDSUMMER SOLSTICE/ LITHA (Wiccan / Pagan)
SUMMER SOLSTICE (Alban Heruin or Alban Hefin) Druid
WORLD HUMANIST DAY (Humanist - National)
Primers is a biannual mentoring and publication scheme organised by Nine Arches Press. It provides a unique opportunity for talented poets to find publication and receive a programme of supportive feedback, mentoring and promotion. Selecting editor and mentor for Primers Volume Six is poet Rishi Dastidar.

The three selected poets will receive mentoring from poet Rishi Dastidar and publication in Primers Volume Six in summer 2022, followed by events and readings.

There are up to 25 free entries available for writers on a low income who would not otherwise be able to afford to enter.

More details [here](#).
Internship/Work Placement Opportunities for Mansfield Students

Lincoln Hall Fellowship 2021-2022
£13,328 plus Board and Lodging

Wymondham College an Ofsted-outstanding state boarding and day school is offering a 12 month residential ‘fellowship’ in their Sixth Form boarding house from 1 September 2021 which pays £13,328 plus free board and lodging for an inspiring young graduate to help ‘develop the intellectual and cultural life of the school’ The role is ‘to encourage support and assist the development of the intellectual life of Lincoln Hall according to their own interests and aptitudes’. The job details are here and the application form is here. Applications are being considered as they come in, so if you are interested, apply soon.
Steamship Group Internship for person interested in business (deadline: 25 June)

The Steamship Group would be pleased to offer an internship in Penzance over the summer vacation to an undergraduate interested in business. Precise timings flexible. This is a multi-faceted role – some business development, some marketing and PR, some basic IT work, and possibly occasional support with passengers on the quay and at our airport at Land’s End. Principal qualities are “a sunny personality, interpersonal skills, and an ability to work unsupervised”. This will pay the basic minimum wage but unfortunately cannot offer accommodation.

The Steamship Group is a medium-sized company which has an important role in the local community. Its air and sea services represent lifeline links to the Isles of Scilly and we received government support during Covid on that account.

Expressions of interest including a short cv should be made to our HR Advisor, Mandy Pratley (apratley@islesofscilly-travel.co.uk), by no later than Friday, 25th June.”
Royal Literary Fund Fellow: Jon Stock

provides academic writing support for all students, undergraduate or postgraduate. One to one sessions are for 50 minutes and take place online.

To book a slot, email jon.stock@rlfeducation.org.uk.

Academic Support Tutor: Gail Leckie

offers one to one study skills support for any undergraduate of any subject, to discuss any concerns you have about your academic work broadly construed.

Drop-in Office Hours (online) Teams on Mon: 1-2pm
Drop-in Office Hours (in person) Quad Gazebo on Wed: 10-11am
Email: gail.leckie@mansfield.ox.ac.uk for an appointment outside these times.
Welfare Support.
A quick recap of different welfare support in and around College.

Drop-in sessions will run every Thursday via Zoom. Alternatively, contact us via Facebook Messenger or email to arrange a time to chat.

Peer supporters are here to talk about anything that is concerning you. Peer supporters have over 30 hours of training with the University Counselling Service in order to listen effectively, maintain confidentiality, and respect boundaries.

Mahati
mahati.garimella@mansfield.ox.ac.uk

Efa
efa.bowen@mansfield.ox.ac.uk

Mitch
mitch.marshall@mansfield.ox.ac.uk

Lumi
lumi.westerlund@mansfield.ox.ac.uk

Kate
katerina.panesova@mansfield.ox.ac.uk

Codie
codie.wood@mansfield.ox.ac.uk

Anabel
anabel.riley@mansfield.ox.ac.uk

Peer Support outside of Mansfield:
Feel free to contact one of the Teddy Hall JCR peer supporters
Katie (katie.long@seh.ox.ac.uk)
Greg (greg.halliwell@seh.ox.ac.uk)
Welfare Support.

A quick recap of different welfare support in and around College.

Tutor for Welfare: Gail Leckie

is a first point of contact for any student who would like to talk over any welfare issues (broadly conceived) with a member of staff.

Drop-in Office Hours (online) Teams Mon: 1-2pm
Drop-in Office Hours (in person) Quad Gazebo Wed: 10-11am
Email: gail.leckie@mansfield.ox.ac.uk for an appointment outside these times.

Chaplain: Sarah Farrow

offers a listening ear to all members of College from all faiths and philosophies.
To schedule a time to meet please email: chaplain@mansfield.ox.ac.uk

You can find more options (including Junior Deans and specific post-holders) here: mansfield.ox.ac.uk/student-welfare
Support Overview.

University Counselling Service
Appointments will take place online with the option to type out messages in a session as opposed to speaking in case privacy is an issue. More details (and podcasts) on the [website](#).

Daily 8pm-2am Oxford Nightline
An independent listening service run by and for students of Oxford. Contact them [here](#).

Every day, all day TogetherAll
Free online service giving you access to a global welfare community. [More](#).

Student Space
Run by Student Minds, this website offers access to dedicated support services for students as well as information and advice to help you through the challenges of coronavirus. [More](#).
In addition to the University Counselling Services, here are also some support services that deal specifically with bereavement:

**Cruse**
Specialist bereavement experts with experience in all types of loss and can offer support however and whenever the death occurred. [More.](#)

**Good Grief**
A sign-posting service by the bereaved for the bereaved. Contact them [here.](#)

**What's Your Grief**
A place for sharing, support, resources, & more. [Details.](#)

**At a Loss**
A sign-posting service for the bereaved and those supporting the bereaved. [More.](#)
I urge you to set aside your labels and explore what your principles say about the world you wish to serve. Because beliefs are our anchors.

Stacy Abrams