Virtual Quad

Weekly events, tips, and reflections
Week 0 - Michaelmas 2022
Welcome (or welcome back) to Mansfield, and the first issue of Virtual Quad for the 2022-2023 academic year.

Virtual Quad comes out every Wednesday in term-time. It is Mansfield’s weekly online ‘listings’ magazine, and goes to all members of the JCR, MCR and SCR every week. This is where you can check out the nice stuff: who’s who; what’s happening; what’s available (in terms of events, opportunities, funding and well-being) and how you can join in.

Here is where you can find information about cross-college activities: sport and artistic events; social gatherings; welfare resources and scholarships; travel grants, internships; Friday talks; forthcoming festive celebrations and other good things. Virtual Quad also contains a list of all College welfare and wellbeing contacts and resources, so these are always to hand.

Finally, do check out Walk of the Week (where you can find details of some beautiful hidden places in Oxford and how to get there, courtesy of Professor Steve Blundell).

Mansfield prides itself on its warm, inclusive community; and in being a place that everyone can thrive and live in ways which provide purpose, meaning and enjoyment. But inclusion means knowing what’s happening. So we are looking to you to help us make sure that all this brilliant, non-conformist College has to offer is accessible to everyone who lives, works and studies here.
If you have an event you’d like to publicise, please email virtualquad@mansfield.ox.ac.uk by the Monday lunchtime of the week in which you would like it to appear.

VQ is delivered to your Mansfield inbox every week, and is also uploaded on the JCR and MCR Facebook pages. The current issue and back issues are on the College website, and a QR Code linking to the current issue is posted on the JCR and MCR Instagram. You may even find a few paper copies in the Crypt, common rooms or library.

This time of year always gives me a back-to-school feeling, and I’m looking forward to meeting you for the first time, or seeing you again, over tea, dinner, drinks - or even in the Real Quad.

Best wishes,

Helen Mountfield QC (She/Her)
Principal
Mansfield Public Talks Michaelmas 2022 - All Welcome

Friday 21 October
5:30pm
The Jocelyn Bell Burnell Lecture
The Real World of Forensic Anthropology
Professor Dame Sue Black

Friday 28 October
5:30pm
The Adam Von Trott Lecture
Learning from Deep History: The World of Stonehenge
Hartwig Fischer

Friday 4 November
5:30pm
Regression & Resistance: The Struggle for Women's Rights in Afghanistan
Shaharzad Akbar in conversation with Shazia Choudhry
(In conjunction with the Bonavero Institute of Human Rights)

Friday 11 November
5:30pm
A Celebration of Sanctuary
Helen Mountfield KC, Baroness Jan Royall and guests
(In conjunction with Somerville College)
Note: This event is held at Somerville College, Woodstock Road
Friday
18 November
5:30pm
Britain’s Identity Crisis: What Next?
Sir Trevor Phillips

Friday
25 November
5:30pm
Serendipity: How Worthwhile ‘Careers’ Happen
Karl Lokko and Jason Stockwood

Friday
2 December
5:30pm
Mansfieldmas: An Evening of Words and Music
Tom-Hammond Davies, Ben Okri, Errollyn Wallen and guests.

ADMISSION FREE
Sir Joseph Hotung Auditorium Mansfield College

Sign Up Here
London Stock Exchange Group

Careers Event

Tuesday, 1st November, 2022
2-3pm & 4-5pm

Old Hall I Followed by refreshments in the Crypt

Who is LSEG?
London Stock Exchange Group is a diversified global financial markets infrastructure and data business dedicated, open-access partners with a commitment to excellence in delivering their services

Event
Come along to talk to members of the LSEG leadership team and discover what a career at LSEG could look like for you

Scan to sign up!
Black History Month is an opportunity to understand Black Histories, going beyond stories of racism and slavery to spotlight Black Achievement. There will be various events throughout Oxford this month and Mansfield College encourages all of its students to take part in educating themselves and celebrating the staff and students of African and Caribbean descent at Oxford University.

1 October - 31 October
RECOMMENDATIONS

The Equality & Diversity Collection in the Mansfield Library contains excellent reading choices for the month of October (or any other month). Come see the display in the Main Library!

In the coming weeks we hope to spotlight some more Black Achievement in the VQ. If you have any recommendations (books, music, film, etc.) or noteworthy figures you would like to be featured, email them to virtualquad@mansfield.ox.ac.uk.
**Wednesday 19 October 2022:** Tenth annual Sam Sharpe lecture, 'Bringing Down the House', is being hosted by the University and will be given by Kehinde Andrews, Professor of Black Studies at Birmingham City University. It will be held at the Mathematics Institute on Wednesday 19 October, starting at 7pm and followed by a reception at Regent's Park College from 9pm. The lecture and reception are free to attend, but you need to book tickets in advance. [Click here to register.](#)

**Thursday 20 October 2022:** 'Sophisticated Racism: Navigating the Terrain', with Dr. Victoria Showunmi, based on her recent book* on the subject, co-authored with Dr. Carol Tomlin. The lecture will be held in the Tuanku Bainun Auditorium at Worcester College on Thursday 20 October, 5:30-7pm. Tickets are free, and early booking is advised! [Click here to register.](#)

Dr. Showunmi and Dr. Tomlin's book, *Understanding and Managing Sophisticated and Everyday Racism*, is available at the Mansfield College Library.
Mansfield's student body will be having its own Freshers' Fair, on Thursday, 6 October from 10am-12pm. Come to the JCR to find out about the clubs and societies at Mansfield!

Get involved with:

- Mansfield College Boat Club
- Mansfield College Music Society
- Mansfield & Merton College Hockey
- Roller Skating Club
- And more!
Interfaith Festivals

At Mansfield we very much hope to create an open and inclusive environment for everyone from all backgrounds, and one way we do this is celebrating interfaith festivals.

This term the festivals we are hoping to hold celebrations for are Diwali during week 3, Thanksgiving in week 7, and Hanukah and Christmas toward the end of the term. Further details on each of these celebrations will soon follow.

If anyone would like to celebrate any additional festivals, or have ideas on how best to celebrate the festivals listed above, please do get in touch with Asima Qayyum, the Principal’s Executive Assistant, at asima.qayyum@mansfield.ox.ac.uk.
DIWALI
FESTIVAL

Diwali Menu
Formal Hall
Decoration and Light

Monday 24 October, 6pm
Chapel Hall
Robert Hooke Building on Parks Road (next to the Natural History Museum) is open to anyone for prayer.
For more information click here.
University of Oxford’s Inter-College Ideas Competition

All-Innovate Michaelmas Term '22

More information below
Dear Mansfield College Students,

We hope you are safe and well and have had a positive start to Michaelmas term. We are excited to let you know that there is another £30,000 of grant funding to be won through the Entrepreneurship Centre's All-Innovate competition this term!

Applications open on Monday, 19th September and close on Sunday, 6th November. Do you have an idea that you think could improve society in some way? Have you been wondering whether to pursue it but feel unsure on the next steps?

As a partnering college, undergraduates, postgraduates and DPhils from any department are invited to apply with an entrepreneurial idea or venture for a chance to win from the £30,000 prize funding pot, as well as follow-on support to help turn your idea into reality or build-up your existing venture.

The competition is accompanied by a specialised workshop series with experienced mentors to help you build new skills and enhance your careers. You can find further information about the competition and the supporting workshop series on the EC website.

We encourage you to connect with the Entrepreneurial Centre on LinkedIn and Twitter for additional resources. If you have any questions about the competition, please contact the Entrepreneurship Centre directly on entrepreneurship@sbs.ox.ac.uk.
American Student Open House

OCTOBER 14, 2022
2 PM - 4:30 PM

U.S. EMBASSY LONDON, 33 NINE ELMS, LONDON, SW11 7US

The U.S. Embassy London is thrilled to host an Open House event for American students studying in the UK. You will hear from a range of external speakers who will offer an insight into life in the UK. In addition, Embassy personnel will provide information about our services and career paths and opportunities with the State Department. Don't miss this great opportunity to learn and have all your questions answered by our guest speakers and Embassy staff members.

RSVP required by Monday October 10. Please complete the RSVP form by visiting the link or by scanning the QR code.

https://forms.office.com/g/c5xcnWDaJ9
Book deliveries, Contemporary Fiction collection, accessibility webpage and new book suggestions!

A few reminders from the Library team:

Sally, Clare, and Mark are very happy to deliver books to self-isolating students (or any others who can’t make it to the Library in person due to accessibility issues). These can be for academic studies or something from our Contemporary Fiction collection to offer some light relief.

Please contact us on library@mansfield.ox.ac.uk

There is more information about our accessibility equipment & procedures, along with recommended self-help & study skills reading, available here.

If you would like to suggest a book for purchase, please use the book suggestion form on our website. Suggestions are always welcome and, if approved, usually available within a day or so.
Mansfield College now has an expanded study skills and well-being section, which includes some lovely cook books, and books on how to adjust to life at university and how to make the most of your studies and research. See the display in the Main Library and come and borrow! Find more online via our webpage.

We have also compiled some links to good websites for low cost, nutritious recipes and advice about meal preparation and planning, ideal for students but also great at this time of rising costs generally.

- https://cookingonabootstrap.com/
- https://www.bbcgoodfood.com/feature/budget
- https://www.thestudentfoodproject.com/
Mansfield College is proud to have many superb researchers among its staff and students. To learn about some of the research being done:

- Visit Michele Mendelsssohn's exhibition, 'Making History: Christian Cole, Alain Locke, and Oscar Wilde at Oxford'.
- Read Andrea Bernini's article, 'Race, Representation and Local Governments in the US South: The Effect of the Voting Rights Act'.
- Attend Water Science Policy's (an NGO founded by a Mansfield alumnus with fellow students) book launch on 6 October.
The English Faculty Library have arranged permanent access to the National Theatre Collection 1 via Drama Online. This is a collection of 29 filmed NT performances, including Frankenstein, Translations, A Streetcar Named Desire, a number of Shakespeare plays, and more.

Scan QR code below (SSO required to access full content).

Visit the Bodleian Libraries website to see the other databases at your disposal in addition to Drama Online.
Karaoke and Board Games:
**Friday, 7 October, 4:30pm-6pm in the MCR**

Wine and Cheese Nights:
**Every Thursday (except for week 5) starting from 13 October at 7:30pm in the MCR**

MCR Halloween Party: **Friday, 28 October at the Varsity Club** (more details coming soon)
VSP & RETURNING STUDENT'S
PIZZA NIGHT

Thursday 6 October, 5:30pm - 7pm
Rhodes-Wolfson Common Room
An opportunity for off-site students to meet and chat.
All are welcome!
Mansfield College Music Society (MCMS) runs almost all of the musical activities in college, including:

- Chapel Choir - first rehearsal **Monday 10 October (1st week), 7:30pm**
- Wind Ensemble - first rehearsal **Tuesday 11 October (1st Week), 8pm**

We are also excited to hopefully be starting a new **jazz band**, and an **informal singing group** this Michaelmas!

**Events Include:**

- Biweekly **recitals**, a large **termly concert**, social events, and a **termly society dinner**.

We welcome anyone interested in getting involved with any of these groups, or on a solo basis, from all levels of musical talent, and those who enjoy listening and attending our events!

We are so excited to welcome new members - please do come and see us at the Mansfield Freshers Fair, or contact our president at elizabeth.flaherty@mansfield.ox.ac.uk for more info!
Meet the Junior Dean Team

**What is a Junior Dean?** The Junior Deans help make sure everyone is able to enjoy their time at Mansfield as fully as possible. Their role includes 'keeping the peace' i.e. making sure you as a community get along well, respect each other, and abide by the College rules. Everyone here has the right to live and study without being negatively impacted by others. The Junior Deans are also responsible for providing pastoral support and helping you navigate other welfare resources as needed.

**Main Site**

**Darshini Nadarajan (She/Her)**

Darshini is reading a DPhil in Education and when she's not writing her thesis, she can be found experimenting with science and silence through meditation. Hailing from Malaysia, a gastronomic paradise, she enjoys procrasti-cooking with vegan-ish/vegetarian food and has organised welfare activities such as Rant over Ramen and Noodles and Natter. She may have also taken her love for alliteration a little too far.

[darshini.nadarajan@mansfield.ox.ac.uk](mailto:darshini.nadarajan@mansfield.ox.ac.uk)

**Duty Phone (6pm-2am): 07541564050**

**Saquib Hassan (He/Him)**

I am a DPhil student in Theoretical Physics, and I am excited to be a Junior Dean here at Mansfield. If you have any concerns at all, please feel free to reach out. If you would like to chat about life in Oxford, or other topics, such as black holes or anything Stephen Hawking related for that matter, that is fine too! I look forward to meeting you.

[saquib.hassan@mansfield.ox.ac.uk](mailto:saquib.hassan@mansfield.ox.ac.uk)

**Duty Phone (6pm-2am): 07541564050**
Meet the Junior Dean Team

Ben Wilkinson-Turnbull
(He/They)

Hi everyone! I’m Ben and I’m a DPhil student in English Literature from ‘up north. When I’m not writing my thesis on sixteenth to eighteenth century women’s writing, I enjoy writing poetry, embroidery, cooking, and going to gigs. I look forward to seeing you around the site and please get in touch if you need anything.

ben.wilkinson-turnbull@mansfield.ox.ac.uk
Duty Phone (11pm-7am): 07741071156

Aastha Prasad (She/Her)

Hello! My name is Aastha. I am a DPhil student at the Centre for Socio-Legal Studies, University of Oxford. My academic background is in Law and Anthropology. I am also passionate about visual art. I am happy to chat about any aspects of student life and welfare!

aastha.prasad@mansfield.ox.ac.uk
Duty Phone (11pm-7am): 07741071156
Meet the Junior Dean Team

Cowley Road Houses

Sophia Shieh (She/Her)

Sophia is currently a MSc student in Education (Child Development and Education). She found her time as a visiting student at Mansfield last year so enriching that she decided to stay for a MSc program. In her free time, she loves spending time with her pet hedgehog back in the United States. When at Oxford, she enjoys volunteering at the local Mind’s Safe Haven.

sophia.shieh@mansfield.ox.ac.uk
Duty Phone (6pm-2am) 07453370008

Bhadrajee Hewage (He/Him)

Hi, everyone! My name is Bhadrajee and I am a second-year DPhil student in History from Ireland. I currently serve as a Junior Dean for Mansfield’s Cowley Road properties. I am also the Treasurer and Dining Secretary of the Clarendon Scholars’ Council, and I serve as the International Officer for the Oxford History Graduate Network. I enjoy reading, travelling, learning new languages, and watching sport. If there is any way that I can be of assistance, please do not hesitate to reach out.

bhadrajee.hewage@mansfield.ox.ac.uk
Duty Phone (6pm-2am): 07453370008
Shut Up and Focus!

Thursdays 1pm-2:30pm in Seminar West (except week 6)

Got a difficult task to focus on? Can't get started? Can't stay focused?

In 'Shut up and focus!', we get together as a group and make a commitment to focus, studiously, with purpose and without distractions. We are in it together. It's a limited time with company, coffee, tea, biscuits, and fruit. It's for everyone in college – JCR, MCR, and staff.

How it works

- Beforehand: Choose a task to bring to focus on.
- 1pm: Get coffee/tea.
- 1:05pm: Focus for 35 min!
- 1:40pm: Break for refills, chat.
- 1:45pm: Focus again for 35 min!
- 2:20pm: Celebrate and congratulate yourselves.

For more information email Gail Leckie: gail.leckie@mansfield.ox.ac.uk
Wednesdays of odd weeks in the Crypt, 3pm-5pm

Join your Junior Deans in the Crypt for Welfare Tea and refreshments. We'll be there in Weeks 1, 3, 5, and 7. Please drop in and feel free to hang out and have an informal chat about anything. Talking is always good, and so are free hot drinks and biscuits!

Questions or want more info?
Email darshini.nadarajan@mansfield.ox.ac.uk.
Writing for Relaxation

Creative Workshops and with Mansfield College's Writer in Residence open to all

Everyone is very welcome to join in the Writing for Relaxation poetry sessions held by Kate Clanchy. They are drop-in sessions and no prior booking is required. Sessions will be held **Mondays 5:45pm-6:45pm in the Old Bar, Weeks 1-8.**

Kate Clanchy is an award winning poet, fiction and non-fiction writer and a committed teacher.
Walk of the Week

Walking the Canal
Curated by Prof. Stephen Blundell
Saunter down Broad Street into George Street and keep straight on to Hythe Bridge Street and turn right just before going over the 1861 Hythe Bridge; you’re then on the Oxford canal. The name “Hythe” comes from the Saxon word “hithe” meaning landing place, and there used to be a wharf here at the end of the canal, now filled in to make a car park near Nuffield College. How have the mighty fallen.

You can follow the Oxford canal towpath towards the North, and if you want, continue for 78 miles through the Oxfordshire and Warwickshire countryside. Finished in 1790 (and remember, the railways didn’t come until the 1840s), the canal was a vital trade artery between the Midlands and London, because the canal connected with the Thames at Oxford. As you head up the towpath, you will see that the canal initially runs parallel with Castle Mill Stream, a 5.5 km backwater of the Thames (that we will explore on a future walk, once things have dried out a bit). You also start to get great views of Jericho (particularly the distinctive St Barnabas Church with its Romanesque basilica), the former industrial parts (now mostly converted into up-market flats) and then North Oxford suburbia. Particularly interesting are the rows of houses that back on to the canal from the other side of the towpath, some of which allow the owners to sit in deck chairs and watch the canal traffic go by.
There are various exit points from where you can leave the canal and circle back to Mansfield. These include Walton Well Road (just after the Castle Mill Stream parts company with the canal, though you miss a lot of interesting bits if you leave this early), Aristotle Lane, Frenchay Road or Elizabeth Jennings Way. After that, you’ll be committed to much more of a hike up to Wolvercote where you can exit near First Turn, though then you have pretty much the whole of the Woodstock Road to traipse back. But whichever route you choose, you can enjoy the stillness of the canal, decorated with its canopy of trees, and think back to a quieter, slower time when parcels were not rushed around in vans by couriers but gently floated along a network of artificial inland waterways.
Our very own Basil and Beatrice usually hang out in the Fellows’ Garden. They also have their own room which is off the Fellows’ Garden, and if you want to study in there in the evening with feline company, ask Katherine the Tutor for Cats (katherine.morris@mansfield.ox.ac.uk) for the key code. B&B accept all forms of attention but please resist the urge to feed them!

You can also join us for dog walking with Sandi, the therapy dog. **We will meet on Sundays during term time starting Sunday 9 October, at 11am in the Quad.**
PhotOx Photography Society for University of Oxford Academics, Admin Staff & Students

PhotOx will run on **Mondays, weeks 1-8 (10 October - 28 November)** in The Collier Room, Regent’s Park College, Pusey Street, Oxford, OX12LB

David set up the PhotOx Photography Society to provide a friendly, creative environment, where University of Oxford members passionate about digital (or film) photography will receive inspiration, technical advice, and constructive feedback on their images.

Whether you have a Nikon or Canon DSLR; a mirror-less M4/3; a point-and-shoot camera, or just use an iPhone/Android camera – you will learn how to compose, expose, and capture better images. This is an excellent opportunity for you to improve your photography and to develop professional skills.

PhotOx Membership Benefits:
- Professional feedback & advice
- Termly competitions to enter
- Share images within a members-only Facebook group for constructive feedback
- Weekly assignments to help develop your photographic skills
- Option to join PhotOx-on-Tour trips to locations in the UK & Europe – recent workshops: Suffolk, London, Berlin, Budapest, and Copenhagen (additional cost).

To become a member of the PhotOx Photography Society email: davidtolley@me.com.
Please contact David using your Oxford University email account and put PhotOx in the subject box.
Mansfield & Merton College Hockey!

College Hockey is…

- **Inclusive** – we are a mixed team so all genders are welcome and beginners are encouraged!
- **Accessible** – you can borrow a hockey stick, just bring yourself in comfortable clothes!
- **Low commitment** – we usually only have one game each weekend
- **Fun!** – we have a great team spirit and we don’t take ourselves too seriously (see top picture)

**Taster Session**

- **6pm-7pm Saturday** (8th October – end of Freshers’ Week)
- **Iffley Road Sports Centre** – to walk with Mansfield Co-Captain Flora so you don’t get lost, meet at Porter’s Lodge at 5:30pm
- Open to any interested Mansfield/Merton students! Freshers, 2nd/3rd/4th-years, postgrads, VSPs, etc.
- Any questions? Email flora.walker@mansfield.ox.ac.uk

Image descriptions: Three photos of groups of Mansfield and Merton students from the past couple of years, smiling and holding hockey sticks, wearing mostly purple and dark colours. In the top picture, a group of people are mid-jump and a hockey stick appears to be floating mid-air.
OxBikes: Buy or Rent a Bicycle!

Rent a bicycle for just £7.99 to collect any time, 24 hours a day at OxBikes with no deposit required. Head to [https://www.oxbikes.co.uk/depot-locations](https://www.oxbikes.co.uk/depot-locations) to view the bicycles that are available. We have four depots across Oxford and this number is increasing weekly, so there is a local depot for everyone. Our bicycles come with a lock, and helmet rental is also possible. Rent a bicycle with us today to help combat climate change, making Oxford a greener city. Cycling once a day instead of driving saves 0.5 tonnes of CO2 every year, per person.
Mondays, Weeks 1-8, in the JCR
Michaelmas Term 2022

5.30-6.30PM: Pilates
6.30-7.30PM: Yoga

Sign up with [this form](#) or scan QR code:

Sessions are led by a fully-qualified instructor and are free as they are subsidised by College. If you sign up but attend fewer than 6 sessions per course, the cost (£16 per course) will be debited to your battels.
The Careers Service supports all 12,510 undergraduate students, 13,044 graduate students at Oxford.

The Careers Service's dedicated support extends to more than 5,800 research and research support staff.

Oxford alumni can engage with the Careers Service for LIFE through access to 1:1 sessions with careers advisers, jobs board, careers fairs, workshops, and more.

Each college, department and faculty has a careers adviser dedicated to them.

Student societies can engage with the Service by advertising opportunities, attending a careers fair, co-host events, and more.

hello@careers.ox.ac.uk
01865 274646
56 Banbury Road, Oxford, OX2 6PA
www.careers.ox.ac.uk
Equality Allies

(Acting) Tutor for Women
Elizabeth Drummond can be approached by students with concerns or issues they feel would best be communicated to a woman tutor. elizabeth.drummond@mansfield.ox.ac.uk

Tutor for Racial Inclusion
Helen Mountfield co-organises the termly forum for Amplifying Voices of Students of Colour. principal@mansfield.ox.ac.uk

LGBTQ+ Tutor
Ros Ballaster may be contacted by email and can meet by phone or by Microsoft Teams. ros.ballaster@mansfield.ox.ac.uk

Tutor for Disabilities
Andrew Higgins deals with disability related welfare issues. andrew.higgins@mansfield.ox.ac.uk
Academic Support

Royal Literary Fund Fellow: Jon Stock
provides academic writing support for all students, undergraduate or postgraduate. One to one sessions are for 50 minutes and take place online.

To book a slot, email jon.stock@rlfeducation.org.uk.

Academic Support Tutor: Gail Leckie
offers one to one study skills support for any undergraduate of any subject, to discuss any concerns you have about your academic work broadly construed.

Email gail.leckie@mansfield.ox.ac.uk for an appointment.

Also please note that Christopher Salamone, Mansfield's Tutor for Graduates, is on a research sabbatical until the start of Trinity Term 2023. During this time Lucinda Rumsey, Mansfield’s Senior Tutor, will be Tutor for Graduates.
Mansfield Welfare Team

All of us on the welfare team can provide a space to listen and talk through your concerns. We can also offer advice on some practical matters and signpost you to other sources of help. Please email us to arrange a time to speak.

Tutor for Welfare:
Gail Leckie (They/She)
gail.leckie@mansfield.ox.ac.uk

Chaplain:
Rev Nathan Mulcock (He/Him)
chaplain@mansfield.ox.ac.uk

Junior Deans
Main site
07541 564 050 6pm–2am
saquib.hassan@mansfield.ox.ac.uk
darshini.nadarajan@mansfield.ox.ac.uk

Abelthorpe/Rhodes Wolfson
07741 071 156 11pm–7am
aastha.prasad@mansfield.ox.ac.uk
ben.wilkinson-turnbull@mansfield.ox.ac.uk

Cowley Rd and other UG Mansfield residences
07453 370 008 6pm–2am
bhadrajee.hewage@mansfield.ox.ac.uk
sophia.shieh@mansfield.ox.ac.uk

Student to student support
Peer Supporters: mansfield.ox.ac.uk/welfare and posters around college
JCR Welfare Rep: ellie.scyner@mansfield.ox.ac.uk
MCR Welfare Rep: daria.jensen@mansfield.ox.ac.uk

Emergencies

An emergency is a situation where there is a risk of serious and imminent harm. In an emergency:

Call 999 if appropriate first, then phone
The Porter’s Lodge: 01865 270999

Porters will arrange for appropriate staff, usually Junior Deans, to respond. You can also ring Junior Deans on your site direct during their duty hours (see JD poster for contact details of additional Ablethorpe provision).

Never rely on emailing or texting in an emergency.

External Medical Support
College GP (St Clements Surgery):
01865 248 550, Mon–Fri
NHS Out of hours service: 111
NHS emergency: 999

External Welfare Support
University Counselling Service
Email counselling@admin.ox.ac.uk to book an appointment.

Talking Space Plus
Self/GP-referral for psychological treatments
www.oxfordhealth.nhs.uk/talkingspaceplus/

Oxford Safe Haven
Weekend out-of-hours, non-clinical space offering crisis & listening support. Call in advance.
Open Fri – Mon from 5pm–10pm
tel: 01865 903 037
email: oxonsafehaven@oxfordhealth.nhs.uk